

CARROLLTON

MEMORY CARE December, 2009

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



For unto you is born
this day in the city of
David, a Saviour, which
is Christ the Lord?
~ Luke 2:11

6
7:30 Morning Coffee
9:30 Kickball
10:30 Worship Service
2:00 Sing Along
3:00 Afternoon Snack
4:00 Carolers
6:00 Evening News

7
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Sorting
2:00 Mind Stretchers
2:30 Petland Visits
3:00 Social/Crafts
3:30 Relaxation

8
9:30 Exercise Class
10:00 Morning Social
10:30 NAME IT!
11:00 Reminiscing
2:00 Tell Me A Story
2:30 Bean Bag Toss
3:00 Afternoon Social
3:30 Music Appreciation
6:30 Christmas Lights Looking

9
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Crafts
2:00 Mind Stretchers
2:30 Sandy Wilson Music
3:00 Afternoon Social
3:30 Singing w/ Oldies

10
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Bingo
2:00 Tell Me a Story
2:30 Kickball
3:00 Afternoon Social
3:30 Manicures

11
9:30 Exercise Class
10:00 Morning Social
10:30 Sing Along
11:00 Greeting Cards
2:00 Mind Stretchers
2:30 Tree Decorating Party
Carols, eggnog
and Apple Cider

12
7:30 Morning Coffee
10:00 Girl Scouts Caroling
11:00 Girl Scouts Caroling
2:00 Girl Cadets Flag Pres and
Songs
3:00 Afternoon Snack
4:00 Reminiscing
6:00 It's a Wonderful Life

13
7:30 Morning Coffee
9:30 Kickball
10:30 Worship Service
1:30 Entrée Carolers
2:00 Sing Along
3:00 Afternoon Snack
4:00 Movie
6:00 Evening News

14
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Sorting
2:00 Mind Stretchers
2:30 Afternoon Walk
3:00 Social/Arts n Crafts
3:30 Relaxation
6:30 Carolers

15
9:30 Exercise Class
10:00 Morning Social
10:30 NAME IT!
11:00 Reminiscing
2:00 Tell Me A Story
2:30 Bean Bag Toss
3:00 Afternoon Social
3:30 Music Appreciation
6:30 Family Nite HBO # 4

16
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Crafts
2:00 Mind Stretchers
2:30 Balltoss
3:00 Afternoon Social
3:30 Singing w/ Oldies

17
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Bingo
2:00 Tell Me a Story
2:30 Kickball
3:00 Afternoon Social
3:30 Manicures

18
9:30 Exercise Class
10:00 Morning Social
10:30 Sing Along
11:00 Greeting Cards
2:00 Mind Stretchers
2:30 Birthday Bash w/
Rick Stephens
3:30 Messages

19
7:30 Morning Coffee
10:00 Exercise Class
10:30 Visiting & Snacks
11:00 Singing the Oldies
2:00 Folding Laundry
3:00 Afternoon Snack
4:00 Reminiscing
6:00 Home Alone

20
7:30 Morning Coffee
9:30 Kickball
10:30 Worship Service
2:00 Sing Along
3:00 Afternoon Snack
4:00 Movie
6:00 Evening News

21
9:30 Exercise Class
10:00 Morning Social
10:30 Christmas Bingo
11:00 Sorting
2:00 Mind Stretchers
2:30 Afternoon Walk
3:00 Social/Crafts
3:30 Relaxation

22
9:30 Exercise Class
10:00 Morning Social
10:30 NAME IT!
11:00 Reminiscing
2:00 Tell Me A Story
2:30 Bean Bag Toss
3:00 Afternoon Social
3:30 Music Appreciation
6:30 Christmas Party

23
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Crafts
2:00 Mind Stretchers
2:30 Balltoss
3:00 Afternoon Social
3:30 Singing w/ Oldies

24
9:30 Exercise Class
10:00 Christmas Eve Social
10:30 Current Events
11:00 Bingo
2:00 Tell Me a Story
2:30 Kickball
3:00 Afternoon Social
3:30 Manicures

25
9:30 Exercise Class
10:00 Morning Social
10:30 Sing Along
11:00 Greeting Cards
2:00 Mind Stretchers
2:30 Bowling
3:30 Christmas Music

26
7:30 Morning Coffee
10:00 Exercise Class
10:30 Visiting & Snacks
11:00 Singing the Oldies
2:00 Folding Laundry
3:00 Afternoon Snack
4:00 Reminiscing
6:00 Evening News

27
7:30 Morning Coffee
9:30 Kickball
10:30 Worship Service
2:00 Sing Along
3:00 Afternoon Snack
4:00 Movie
6:00 Evening News

28
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Sorting
2:00 Mind Stretchers
2:30 Afternoon Walk
3:00 Social/Arts n Crafts
3:30 Relaxation

29
9:30 Exercise Class
10:00 Morning Social
10:30 NAME IT!
11:00 Reminiscing
2:00 Tell Me A Story
2:30 New Year's Eve
3:30 Relaxation

30
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Crafts
2:00 Mind Stretchers
2:30 Balltoss
3:00 Afternoon Social
3:30 Singing w/ Oldies

31
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Bingo
2:00 Tell Me a Story
2:30 Kickball
3:00 Afternoon Social
3:30 Manicures

**"The object of a New Year is not that we should have
a New Year. It is that we should have a new soul!"**
--- G. K. Chesterton

Please note: All events subject to change with little or no notice.

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6:30 Family Nite HBO # 4

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9:30 Kickball
10:30 Worship Service
2:00 Sing Along
3:00 Afternoon Snack
4:00 Movie
6:00 Evening News

21
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10:00 Morning Social
10:30 Christmas Bingo
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2:00 Mind Stretchers
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10:00 Christmas Eve Social
10:30 Current Events
11:00 Bingo
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2:30 Kickball
3:00 Afternoon Social
3:30 Manicures

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3:30 Christmas Music

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4:00 Movie
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11:00 Sorting
2:00 Mind Stretchers
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3:00 Social/Arts N Crafts
3:30 Relaxation

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10:00 Morning Social
10:30 NAME IT!
11:00 Reminiscing
2:00 Tell Me A Story
2:30 New Year's Eve
3:30 Relaxation

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9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Crafts
2:00 Mind Stretchers
2:30 Balltoss
3:00 Afternoon Social
3:30 Singing w/ Oldies

31 Full Moon
9:30 Exercise Class
10:00 Morning Social
10:30 Current Events
11:00 Bingo
2:00 Tell Me a Story
2:30 Kickball
3:00 Afternoon Social
3:30 Manicures

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New Year's Eve

