

CARROLLTON

Memory Care November, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 7:30 Morning Coffee 9:30 Kickball 10:30 Worship Service 2:00 Sing Along 3:00 Afternoon Snack 4:00 Movie 6:00 Evening News 	2 Full Moon 9:30 Exercise Class 10:00 Morning Social 10:30 Current Events 11:00 Sorting 2:00 Mind Stretchers 2:30 Afternoon Walk 3:00 Social/Cooking Club 3:30 Relaxation 	3 9:30 Exercise Class 10:00 Morning Social 10:30 NAME IT! 11:00 Reminiscing 2:00 Tell Me A Story 2:30 Bean Bag Toss 3:00 Afternoon Social 3:30 Music Appreciation	4 9:30 Exercise Class 10:00 Morning Social 10:30 Current Events 11:00 Crafts 2:00 Mind Stretchers 2:30 Balltoss 3:00 Afternoon Social 3:30 Singing w/ Oldies 	5 Beauty Shop Day! 9:30 Exercise Class 10:00 Morning Social 10:30 Current Events 11:00 Bingo 2:00 Tell Me A Story 2:30 Kickball 3:00 Afternoon Social 3:30 Manicures 	6 9:30 Exercise Class 10:00 Morning Social 10:30 Sing Along 11:00 Greeting Cards 2:00 Mind Stretchers 2:30 Bowling 3:00 Happy Hour 3:30 Massages 	7 7:30 Morning Coffee 10:00 Exercise Class 10:30 Visiting & Snacks 11:00 Singing the Oldies 2:00 Folding Laundry 3:00 Afternoon Snack 4:00 Reminiscing 6:00 Evening News 	
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