

CARROLLTON

MEMORY CARE

JANUARY, 2010

Sunday

Monday

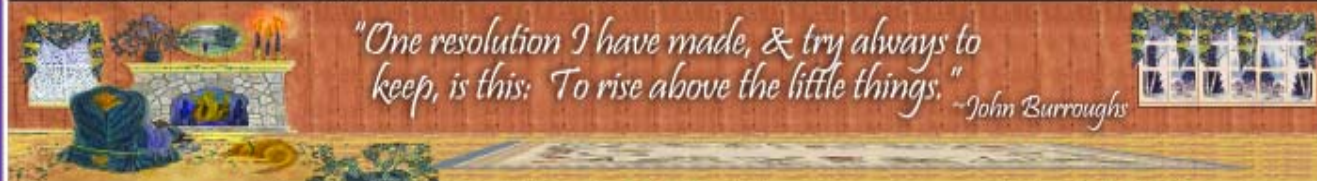
Tuesday

Wednesday

Thursday

Friday

Saturday



"One resolution I have made, & try always to keep, is this: To rise above the little things." -John Burroughs

3
9:00 Grooming/Beauty Care
9:30 Snacks/Stretching
10:30 Worship Service
11:30 Hymn Singing
2:00 Exercise Class
3:00 Afternoon Snack
3:30 Afternoon Walk
4:00 Lawrence Welk Show

4
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Sorting
2:00 Legacy Portraits
2:30 Picture Story
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Word Game

5 Beauty Shop Day
9:00 Grooming & Beauty
10:00 Morning Social
10:30 Exercise Class
11:00 Newspaper Game
11:30 Analogies
2:00 Parachute
2:30 Crafts
3:00 Snacks & visiting
3:30 Afternoon Walk
4:00 Sensory ID

6
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 Product Slogans
2:00 Bean Bag Toss
2:30 Name That Tune
3:00 Snacks and Visiting
3:30 Singing w/ Oldies
4:00 Travel Images

7 Beauty Shop Day
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Alphabet Game
11:30 Free Expression
2:00 Kickball
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification

8
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 The Name Game
2:00 Ball toss
2:30 Happy Hour
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Picture Story

9
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Bingo
2:00 Bowling
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification

10
9:00 Grooming/Beauty Care
9:30 Snacks/Stretching
10:30 Worship Service
11:30 Hymn Singing
2:00 Exercise Class
3:00 Afternoon Snack
3:30 Afternoon Walk
4:00 Lawrence Welk Show

11
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Sorting
2:00 Balloon Game
2:30 Picture Story
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Word Game

12
9:00 Grooming & Beauty
10:00 Morning Social
10:30 Exercise Class
11:00 Newspaper Game
11:30 Analogies
2:00 Parachute
2:30 Crafts
3:00 Snacks & visiting
3:30 Afternoon Walk
4:00 Sensory ID

13
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 Product Slogans
2:00 Bean Bag Toss
2:30 Name That Tune
3:00 Snacks and Visiting
3:30 Singing w/ Oldies
4:00 Travel Images

14 Beauty Shop Day
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Texas Winds Performance: Solo Harp
2:00 Kickball
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification

15 New Moon
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 The Name Game
2:00 Ball toss
2:30 Happy Hour
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Picture Story
6:30 Swing into the New Year

16
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Bingo
2:00 Bowling
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification

17
9:00 Grooming/Beauty Care
9:30 Snacks/Stretching
10:30 Worship Service
11:30 Hymn Singing
2:00 Exercise Class
3:00 Afternoon Snack
3:30 Afternoon Walk
4:00 Lawrence Welk Show

18
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Sorting
2:00 Balloon Game
2:30 Picture Story
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Word Game

19
9:00 Grooming & Beauty
10:00 Morning Social
10:30 Exercise Class
11:00 Newspaper Game
11:30 Analogies
2:00 Parachute
2:30 Crafts
3:00 Snacks & visiting
3:30 Afternoon Walk
4:00 Sensory ID

20
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 Product Slogans
2:00 Bean Bag Toss
2:30 Name That Tune
3:00 Snacks and Visiting
3:30 Singing w/ Oldies
4:00 Travel Images

21 Beauty Shop Day
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Alphabet Game
11:30 Free Expression
2:00 Kickball
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification

22
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 The Name Game
2:00 Ball toss
2:30 Happy Hour
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Picture Story

23
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Bingo
2:00 Bowling
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification

24
9:00 Grooming/Beauty Care
9:30 Snacks/Stretching
10:30 Worship Service
11:30 Hymn Singing
2:00 Exercise Class
3:00 Afternoon Snack
3:30 Afternoon Walk
4:00 Lawrence Welk Show

25
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Sorting
2:00 Balloon Game
2:30 Picture Story
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Word Game

26
9:00 Grooming & Beauty
10:00 Morning Social
10:30 Exercise Class
11:00 Newspaper Game
11:30 Analogies
2:00 Parachute
2:30 Crafts
3:00 Snacks & visiting
3:30 Afternoon Walk
4:00 Sensory ID

27
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 Product Slogans
2:00 Bean Bag Toss
2:30 Name That Tune
3:00 Snacks and Visiting
3:30 Singing w/ Oldies
4:00 Travel Images

28 Beauty Shop Day
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Alphabet Game
11:30 Free Expression
2:00 Kickball
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification

29
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 The Name Game
2:00 Ball toss
2:30 Happy Hour
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Picture Story

30
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Bingo
2:00 Bowling
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification

31
7:30 Morning Coffee
9:30 Kickball
10:30 Worship Service
2:00 Sing Along
3:00 Afternoon Snack
4:00 Movie
6:00 Evening News

"Be always at war with your vices, at peace with your neighbors, & let each new year find you a better man." -Benjamin Franklin

Please note: All events subject to change with little or no notice.

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9:30 Snacks/Stretching
10:30 Worship Service
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2:00 Exercise Class
3:00 Afternoon Snack
3:30 Afternoon Walk
4:00 Lawrence Welk Show

4
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Sorting
2:00 Legacy Portraits
2:30 Picture Story
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Word Game

5 *Beauty Shop Day*
9:00 Grooming & Beauty
10:00 Morning Social
10:30 Exercise Class
11:00 Newspaper Game
11:30 Analogies
2:00 Parachute
2:30 Crafts
3:00 Snacks & visiting
3:30 Afternoon Walk
4:00 Sensory ID
National Bird Day

6
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 Product Slogans
2:00 Bean Bag Toss
2:30 Name That Tune
3:00 Snacks and Visiting
3:30 Singing w/ Oldies
4:00 Travel Images

7 *Beauty Shop Day*
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Exercise Class
11:00 Alphabet Game
11:30 Free Expression
2:00 Kickball
2:30 Crafts
3:00 Snacks and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification
Happy Birthday Elvis!

8
9:00 Grooming/Beauty Care
10:00 Morning Social
10:30 Range of Motion
11:00 Bingo
11:30 The Name Game
2:00 Ball toss
2:30 Happy Hour
3:00 Snacks and Visiting
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Martin Luther King Jr Day

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10:00 Morning Social
10:30 Exercise Class
11:00 Bingo
2:00 Bowling
2:30 Crafts
3:00 Snack and Visiting
3:30 Afternoon Walk
4:00 Sensory Identification
Full Moon

31
7:30 Morning Coffee
9:30 Kickball
10:30 Worship Service
2:00 Sing Along
3:00 Afternoon Snack
4:00 Movie
6:00 Evening News

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