

# Esperanza of Carrollton April, 2010

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

*"Do not abandon yourselves to despair.  
We are the Easter people and Hallelujah is our Song."*

— POPE JOHN PAUL II



**1** *Beauty Shop Day!*  
**9:30** Coffee & News  
**10:00** Stretching  
**11:00** Manicures  
**2:00** Bingo  
**3:30** Outing TBA  
**6:00** Tablegames  


**2**  
**9:30** Coffee & News  
**10:00** Exercise Class  
**10:45** Words N Words  
**2:00** Girls Scouts to Plant Flowers  
**2:30** Happy Hour (*Sunroom*)  
**6:00** Tablegames  


**3**  
**9:30** Morning Coffee  
**10:00** Sittercise  
**10:45** Courtyard  
**2:30** Bingo  
**3:30** Afternoon Movie  
**6:00** Tablegames  
  


**4** *Easter Sunday*  
  
**9:30** Coffee Chat  
**10:30** Worship Services  
**2:30** Bingo  
**3:30** Dominoes  
**6:00** Sunday Night News

**5**  
**9:30** Wellness Wake up  
**10:00** Current Events with Sheila  
*Sponsored by Pinnacle*  
**10:45** Walking Club Recap  
**2:30** Exercise  
**3:30** Yahtzee  
**6:00** Table Games  


**6** *Doctor's Visits*  
**9:30** Coffee & News  
**10:00** Range of Motion  
**10:45** Courtyard  
**2:00** Bingo  
**3:15** Song Titles Trivia  
**6:00** Tablegames  
*Blood Pressure Checks by Golden Heritage*

**7**  
**9:30** Coffee & News  
**10:00** Fitness Games  
**12:00** Lunch Bunch Braum's  
**1:30** Walmart Shopping  
**3:30** Wii Bowling  
**6:00** Tablegames  


**8** *Beauty Shop Day!*  
**9:30** Coffee & News  
**10:00** Stretching  
**11:00** Manicures  
**2:00** Bingo  
**3:30** Outing TBA  
**6:00** Tablegames  


**9**  
**9:30** Coffee & News  
**10:00** Exercise Class  
**10:45** Courtyard  
**2:30** Men's Club  
**3:30** Words n Words  
**6:00** Tablegames  


**10**  
**9:30** Morning Coffee  
**10:00** Operation Kindness  
**1:00** Afternoon of Music  
**2:30** Bingo with Girl Scouts  
**3:30** Afternoon Movie  
**6:00** Tablegames  


**11**  
**8:30** Walking Club  
**9:30** Coffee Chat  
**10:30** Worship Services  
**2:30** Bingo  
**3:30** Chinese Checkers  
**6:00** Sunday Night News  


**12**  
**9:30** Coffee & News  
**10:00** Exercise Class  
**10:45** Mind Benders  
**2:30** Crafts  
**3:30** 31  
**6:00** Table Games  


**13** *Doctor's Visits*  
**9:30** Coffee & News  
**10:00** Range of Motion  
**10:45** Resident Council  
**2:00** Bingo  
**4:00** Product Slogans  
**6:00** Table Games  


**14** *Walmart*  
**9:30** Coffee & News  
**10:00** Fitness Games  
**11:00** Ladies Club  
**1:30** Walmart Shopping  
**3:15** Wii Bowling  
**6:00** Tablegames  


**15** *Beauty Shop Day!*  
**9:30** Coffee & News  
**10:00** Stretching  
**11:00** Manicures  
**2:00** Bingo  
**3:30** Outing TBA  
**6:00** Tablegames  


**16**  
**9:30** Morning Coffee  
**10:00** Exercise Class  
**10:45** Words n Words  
**2:30** Happy Hour with Entertainment (*Sunroom*)  
**6:00** Tablegames  


**17**  
**9:30** Morning Coffee  
**10:00** Sittercise  
**10:45** Courtyard  
**2:30** Bingo  
**3:30** Afternoon Movie  
**6:00** Tablegames  


**18**  
**8:30** Walking Club  
**9:30** Coffee Chat  
**10:30** Worship Services  
**2:30** Bingo  
**3:30** Dominices  
**6:00** Sunday Night News  


**19**  
**9:30** Wellness Wake up  
**10:00** Current Events with Sheila  
*Sponsored by Pinnacle*  
**10:45** Mind Benders  
**2:30** Gardening  
**3:30** Farkle  
**6:00** Table Games  


**20** *Doctor's Visits*  
**9:30** Coffee and News  
**10:00** Range of Motion  
**10:45** Courtyard  
**2:00** Bingo  
**4:00** Analogies  
**6:00** Family Night!  


**21**  
**9:30** Coffee & News  
**10:00** Fitness Games  
**10:00** Hearing Checks  
**12:00** Lunch Bunch Catfish House  
**1:30** Walmart Shopping  
**3:15** Wii Bowling  
**6:00** Tablegames  


**22** *Beauty Shop Day!*  
**9:30** Coffee & News  
**10:00** Stretching  
**11:00** Manicures  
**2:00** Bingo  
**3:30** Outing TBA  
**6:00** Tablegames  
*Craft Showcase: Marvin Rich*  


**23**  
**9:30** Morning Coffee  
**10:00** Exercise Class  
**10:45** Words & Words  
**2:30** Birthday Bash  
**6:00** Cookie Decorating with Girl Scouts  
*Sponsored by Golden Heritage*  


**24**  
**9:30** Morning Coffee  
**10:00** Sittercise  
**10:45** Courtyard  
**2:30** Bingo  
**3:30** Afternoon Movie  
**6:00** Tablegames  


**25**  
**8:30** Walking Club  
**9:30** Coffee Chat  
**10:30** Worship Services  
**2:30** Bingo  
**3:30** Chinese Checkers  
**6:00** Sunday Night News  



**26**  
**9:30** Coffee and News  
**10:00** Exercise Class  
**10:45** Mind Benders  
**2:30** Crafts  
**3:30** Yahtzee  
**6:00** Table Games  


**27** *Doctor's Visits*  
**9:30** Coffee and News  
**10:00** Exercise Class  
**10:45** Courtyard  
**2:00** Bingo  
**4:00** Analogies  
**6:00** Table Games  


**28** *Full Moon*  
**9:30** Coffee & News  
**10:00** Exercise Class  
**11:00** Texas Winds Concert  
**1:30** Walmart  
**3:30** Wii Bowling  
**6:00** Tablegames  


**29** *Beauty Shop Day!*  
**9:30** Coffee & News  
**10:00** Stretching  
**11:00** Manicures  
**2:00** Bingo  
**3:30** Outing TBA  
**6:00** Tablegames

**30**  
**9:30** Morning Coffee  
**10:00** Exercise Class  
**10:45** Words & Words  
**2:30** Coke Float Social  
**3:30** Words nWords  
**6:00** Tablegames  


*"I'd rather have roses on my table than diamonds on my neck."*  
 —EMMA GOLDMAN  


Please note: All events subject to change with little or no notice.

# Esperanza of Carrollton

# April, 2010

Sunday

Monday

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Saturday

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We are the Easter people and Hallelujah is our Song."*

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**1 Beauty Shop Day!**  
**9:30** Coffee & News  
**10:00** Stretching  
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**2:00** Bingo  
**3:30** Outing TBA  
**6:00** Tablegames

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**9:30** Coffee & News  
**10:00** Exercise Class  
**10:45** Words N Words  
**2:00** Girls Scouts to Plant Flowers  
**2:30** Happy Hour (Sunroom)  
**6:00** Tablegames

**3**  
**9:30** Morning Coffee  
**10:00** Sittercise  
**10:45** Courtyard  
**2:30** Bingo  
**3:30** Afternoon Movie  
**6:00** Tablegames

**4 Easter Sunday**  
  
**9:30** Coffee Chat  
**10:30** Worship Services  
**2:30** Bingo  
**3:30** Dominoes  
**6:00** Sunday Night News

**5**  
**9:30** Wellness Wake up  
**10:00** Current Events with Sheila  
*Sponsored by Pinnacle*  
**10:45** Walking Club Recap  
**2:30** Exercise  
**3:30** Yahtzee  
**6:00** Table Games

**6 Doctor's Visits**  
**9:30** Coffee & News  
**10:00** Range of Motion  
**10:45** Courtyard  
**2:00** Bingo  
**3:15** Song Titles Trivia  
**6:00** Tablegames  
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