

# Carrollton



# May, 2010

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*"And I'm proud to be an American, where at least I know I'm free.  
And I won't forget the men who died, who gave that right to me."  
LEE GREENWOOD*

**2**  
9:30 Coffee Chat  
10:30 Worship Services  
2:30 Bingo  
3:30 Dominoes  
6:00 Sunday Night News

**3**  
9:30 Wellness Wake up  
10:00 Current Events  
10:45 Walking Club Recap  
2:30 Exercise  
3:30 Yahtzee  
6:00 Table Games

**4** *Doctor's Visits*  
9:30 Coffee & News  
10:00 Range of Motion  
10:45 Courtyard  
2:00 Pokeno  
3:15 Song Titles Trivia  
6:00 Table Games

**5**  
9:30 Coffee & News  
10:00 Fitness Games  
12:00 Cinco De Mayo Lunch  
3:30 Wii Bowling  
6:00 Table Games

**6** *Beauty Shop Day!*  
9:30 Manicures  
10:00 Sittercise  
1:30 Wal-Mart  
3:30 Bingo  
6:00 Table Games

**7**  
9:30 Spa in the Oasis  
10:00 Exercise Class  
10:00 Cookie Lee Jewelry  
10:45 Courtyard  
2:30 Men's Club  
3:30 Words n Words  
6:00 Table Games

**1**  
9:30 Morning Coffee  
10:00 Sittercise  
10:45 Courtyard  
2:30 Bingo  
3:30 Afternoon Movie  
6:00 Table Games

**9** *Mother's Day*  
8:30 Walking Club  
9:30 Coffee Chat  
10:30 Worship Services  
2:30 Bingo  
3:30 Chinese Checkers  
6:00 Sunday Night News

**10**  
9:30 Coffee & News  
10:00 Exercise Class  
10:45 Mind Benders  
2:30 Mother's Day Program  
3:30 31  
6:00 Table Game

**11** *Doctor's Visits*  
9:30 Coffee & News  
10:00 Range of Motion  
10:45 Courtyard  
2:00 Pokeno  
4:00 Product Slogans  
6:00 Table Games

**12**  
9:30 Coffee & News  
10:00 Fitness Games  
12:00 Braum's Lunch out  
1:30 Walmart Shopping  
3:15 Wii Bowling  
6:00 Table Games

**13** *Beauty Shop Day!*  
9:30 Manicures  
10:00 Sittercise  
10:00 Rangers Expo  
2:00 Bingo  
6:00 Table Games

**14**  
9:30 Spa in the Oasis  
10:00 Exercise Class  
10:45 Words n Words  
1:30 Massages  
6:00 Table Games

**15**  
9:30 Morning Coffee  
10:00 Sittercise  
10:45 Courtyard  
2:30 Bingo  
3:30 Afternoon Movie  
6:00 Table Games

**16**  
8:30 Walking Club  
9:30 Coffee Chat  
10:30 Worship Services  
2:30 Bingo  
3:30 Dominoes  
6:00 Sunday Night News

**17**  
9:30 Wellness Wake up  
10:00 Exercise  
10:45 Mind Benders  
2:30 Gardening  
3:30 Farkle  
6:00 Table Games

**18** *Doctor's Visits*  
9:30 Coffee and News  
10:00 Range of Motion  
10:45 Resident Council  
2:00 Pokeno  
4:00 Analogies  
6:00 Table Games

**19** *CATFISH HOUSE*  
9:30 Coffee & News  
10:00 Fitness Games  
12:00 Lunch Bunch  
Catfish House  
1:30 Walmart Shopping  
3:15 Wii Bowling  
6:00 Table Games

**20** *Beauty Shop Day!*  
9:30 Manicures  
10:00 Sittercise  
10:00 TMS Men's Outing  
2:00 Bingo  
6:00 Table Games

**21**  
9:30 Spa in the Oasis  
10:00 Thompson Elementary  
Performance  
10:45 Words & Words  
2:30 Birthday Bash  
6:00 Table Games  
Frank Robinson  
Showcase

**22**  
9:30 Morning Coffee  
10:00 Sittercise  
10:45 Courtyard  
2:30 Bingo  
3:30 Afternoon Movie  
6:00 Table Games

**23**  
8:30 Walking Club  
9:30 Coffee Chat  
10:30 Worship Services  
2:30 Bingo  
3:30 Chinese Checkers  
6:00 Sunday Night News

**24**  
9:30 Coffee and News  
10:00 Exercise Class  
10:45 Mind Benders  
2:30 Crafts/Painting  
3:30 Yahtzee  
6:00 Table Games

**25** *Doctor's Visits*  
9:30 Coffee and News  
10:00 Exercise Class  
10:45 Courtyard  
2:00 Pokeno  
4:00 Analogies  
6:00 Table Games

**26** *NATIONAL SENIOR HEALTH & FITNESS DAY*

**27** *Beauty Shop Day!*  
9:30 Manicures  
10:00 Sittercise  
10:00 Dallas Arboretum  
2:00 Bingo  
6:00 Table Games

**28**  
9:30 Spa in the Oasis  
10:00 Exercise Class  
10:45 Words & Words  
2:30 Coke Float Social  
3:30 Words n Words  
6:00 Table Games

**29**  
9:30 Morning Coffee  
10:00 Sittercise  
10:45 Courtyard  
2:30 Bingo  
3:30 Afternoon Movie  
6:00 Table Games

**30**  
8:30 Walking Club  
9:30 Coffee Chat  
10:30 Worship Services  
2:30 Bingo  
3:30 Chinese Checkers  
6:00 Sunday Night News

**31 MEMORIAL DAY!**  
9:30 Coffee and News  
10:00 Exercise Class  
10:45 Mind Benders  
2:30 Carrollton Strummers  
3:30 Yahtzee  
6:00 Table Games

*"If a June night could talk, it would probably boast it invented romance."  
--- BERN WILLIAMS*

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10:00 Exercise Class  
10:00 Cookie Lee Jewelry  
10:45 Courtyard  
2:30 Men's Club  
3:30 Words n Words  
6:00 Table Games

**8**  
9:30 Morning Coffee  
10:00 Operation Kindness  
2:30 Bingo  
3:30 Afternoon Movie  
6:00 Table Games

**9** *Mother's Day*  
8:30 Walking Club  
9:30 Coffee Chat  
10:30 Worship Services  
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6:00 Table Games  
Full Moon

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